



## Me and Uncle Arthur: Arthritis and Alcohol

By David Smalley

Melrose Books. Paperback. Book Condition: new. BRAND NEW, Me and Uncle Arthur: Arthritis and Alcohol, David Smalley, I was coming down the stairs one morning - shortly after being diagnosed with arthritis at the age of twenty seven - in a lot of pain, and I remember saying to myself, Uncle Arthur, you are a swine. I realised then that I had called my arthritis something else and from there the character to my illness was born. I have often felt quite alone and isolated in my journey with arthritis so creating Uncle Arthur has almost given me someone to talk to, and I find writing a great way of releasing some of my emotions. Living with arthritis has brought me feelings of anger, frustration, embarrassment, struggle, loneliness and pain; it has also brought me an inner strength I never knew I had. Sadly I am no longer able to do some of the things that I used to enjoy doing but I can still live my life and hope to believe that a cure will be found one day. The author has used an original and imaginative device of personifying the arthritis as his Uncle Arthur which helps to...



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