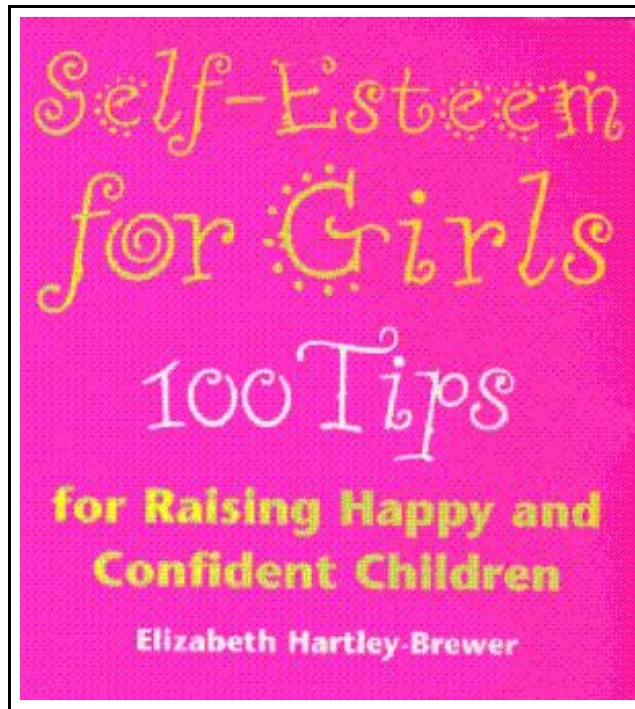


## Self-esteem for Girls: 100 Tips for Raising Happy and Confident Children



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Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Self-esteem for Girls: 100 Tips for Raising Happy and Confident Children, Elizabeth Hartley-Brewer, Self-Esteem for Girls is an essential guide for helping parents and teachers support girls through the difficulties of growing up. Self-esteem is what every parent wishes their daughter to have. It is her passport to a happier, more fulfilled life. The quiet confidence that self-respect gives to girls ensures that they learn to learn, play, love and communicate better. This practical book explains when difficult stages are likely to occur in girls' lives, and suggests how parents and teachers can handle them in ways that will build confidence and promote self-esteem. Elizabeth Harley-Brewer shows how to: - Understand the challenges and opportunities that girls face today - Help girls develop the inner strength to cope with the demands of school, friends and society - Manage girls' behaviour in a way that preserves and promotes their self-esteem - Respond sensitively when girls suffer setbacks.



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