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## How to Heal a Grieving Heart

By Doreen Virtue, James Van Praagh

Hay House Inc. Hardback. Book Condition: new. BRAND NEW, How to Heal a Grieving Heart, Doreen Virtue, James Van Praagh, When you're grieving, you need support and solace, and this book provides practical and spiritual help. Each page contains a healing message to help you come to terms with your loss. The content is simple and direct, because the authors know and respect that grieving people often have difficulty concentrating and following through on what they read. You can open up to a random page, and meditate upon the entry. Doreen Virtue and James Van Praagh wrote the book that they wished they could have had when they were both grieving losses. Based upon their years of experience as grief counselors and mediums, Doreen and James have created a gentle book that is a perfect gift to yourself or a friend in need of comfort. 'Grief is a mixture of many emotions, and nothing we can say will bring your loved one physically back. However, we can help you go on with your life. We can also help you better understand why your loved one transitioned, and how you can connect with his or her eternal soul. And we can...



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