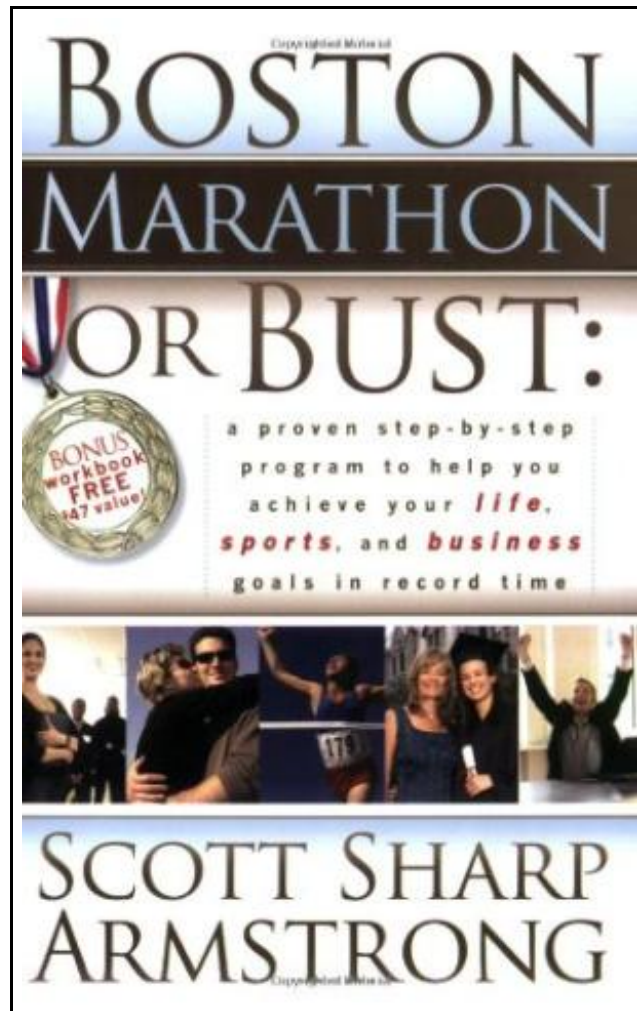


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BOSTON MARATHON OR BUST: A PROVEN STEP-BY-STEP PROGRAM THAT HELPS YOU ACHIEVE YOUR LIFE, SPORTS, AND BUSINESS GOALS IN RECORD TIME. (PAPERBACK)



Morgan James Publishing, United States, 2007. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Back Cover Copy Boston Marathon or Bust In that gap between inspiration and action, read Boston Marathon or Bust and set yourself up for the realization of your wildest dreams. If you re not inspired read it anyway and you will be! Lorraine Moller 4 time Olympian and Bronze Medalist Boston Marathon Winner I have attended over 500 motivational seminars around the United States. In one session with Scott Armstrong, I learned more than all the other 500 seminars combined! Nobody can connect and deliver like Scott. He is simply the best there is. Orrin Hudson Author and Achievement Strategy Expert Reach your goals in record time-guaranteed! In Boston Marathon or Bust, Scott Sharp Armstrong, success coach, entrepreneur and owner of Colorado s Boulder Coaching Academy (shares his story of taking a big dream - qualifying for and running in the 100th Boston Marathon - and turning it into reality by showcasing his step-by-step plan for guaranteed success. Using the exact blueprint he developed for the Boston Marathon, he shows how anyone can manifest any dream simply by following his plan. Armstrong is emphatic that there is no magic to achieving dreams. What it takes is a plan, personal commitment, perseverance and follow-through, belief in yourself, and the support of an experienced coach or mentor. He demonstrates all of this for us, making his system clear and totally repeatable. No theoretical mumbo-jumbo here, Boston Marathon or Bust offers Armstrong s working action plan plus motivational examples of how he s used it to achieve personal and professional success. For anyone who has contemplated tackling a dream and making it reality, then moaned, But do I...

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