



## Smart Women Don't Get Wrinkles: Look and Feel Ten Years Younger Without Breaking the Bank (Hardback)

By Helena Frith Powell

Gibson Square Books Ltd, United Kingdom, 2016. Hardback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. Helena Frith Powell noticed her first wrinkle when she accidentally caught sight of herself in her car's rear-view mirror. It set her off on an entertaining quest to find the most potent weapons in the battle against the effects of time on the face and body, without spending a fortune.



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