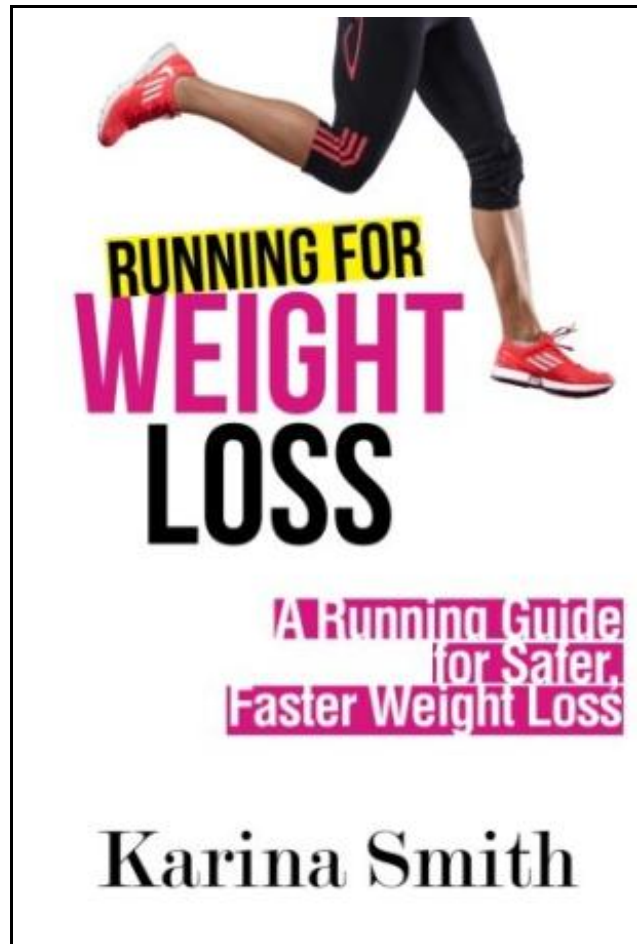


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RUNNING FOR WEIGHT LOSS: A RUNNING GUIDE FOR SAFER, FASTER WEIGHT LOSS (PAPERBACK)



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